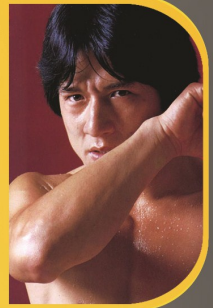


Moorhead Parks and Recreation Taekwondo Program will Prepare Your Child for a Great School Year!



Taekwondo is today's most popular martial art for children. It provides a belt system that keeps kids motivated to improve daily. Taekwondo helps improve many sport related skills too, and many athletes practice Taekwondo to keep their skills sharp and always improving.



Our Northwest Martial Arts curriculum helps improve your child's school work. Providing improved **self-discipline, self-confidence, and mental alertness.** We will teach your child that though dedicated intense work, all worthwhile goals in life are possible.

In addition to valuable school related skills, our Northwest Belt Promotion System provides all students with opportunities to learn valuable self-defense skills, develop leadership skills, and learn in a safe, fun, and friendly environment.

**We Also Have
Adult Classes!**

All Classes Held at Probstfield Education Center

Check out our Curriculum and
Program Online at
www.northwestmartialarts.com



태권도

Visit our office, call, or go online to reserve your space
Moorhead Parks and Recreation

324 24th St S, Moorhead

(218) 299-5340

www.cityofmoorhead.com

Classes Instructed By Physical Education Teacher and Certified TKD Instructor, Master Chris Kalsow