

2010 TAEKWONDO DIVISION LIST



AGE DETERMINING DATE: *Athletes shall compete at their age as of August 31, 2010.*

AGE DIVISION: *The following divisions shall be offered for the 2010 event.*

FORMS:

<u>AGE</u>	<u>GENDER</u>	<u>BELT CLASS</u>
5	Male	Novice and Intermediate
5	Female	Novice and Intermediate
6-7	Male	Novice, Intermediate, and Advanced
6-7	Female	Novice, Intermediate, and Advanced
8-9	Male	Novice, Intermediate, Advanced, and Black
8-9	Female	Novice, Intermediate, Advanced, and Black
10-11	Male	Nov., Int., Adv., Black 1, Black 2 & Up
10-11	Female	Nov., Int., Adv., Black 1, Black 2 & Up
12-13	Male	Nov., Int., Adv., Black 1, Black 2 & Up
12-13	Female	Nov., Int., Adv., Black 1, Black 2 & Up
14-15	Male	Nov., Int., Adv., Black 1, Black 2 & Up
14-15	Female	Nov., Int., Adv., Black 1, Black 2 & Up
16-17	Male	Nov., Int., Adv., Black 1, Black 2 & Up
16-17	Female	Nov., Int., Adv., Black 1, Black 2 & Up
18-34	Male	Nov., Int., Adv., Black 1, Black 2, Black 3, Black 4 & Up
18-34	Female	Nov., Int., Adv., Black 1, Black 2, Black 3, Black 4 & Up
35-44	Male	Nov., Int., Adv., Black 1, Black 2, Black 3 & Up
35-44	Female	Nov., Int., Adv., Black 1, Black 2, Black 3 & Up
45 and up	Male	Nov., Int., Adv., Black 1 and 2, Black 3 & Up
45 and up	Female	Nov., Int., Adv., Black 1 and 2, Black 3 & Up

POINT SPARRING:

<u>AGE</u>	<u>GENDER</u>	<u>CLASS</u>	<u>WEIGHT DIVISIONS</u>
5	Male	Lt. & Hvy	-45 / 45+
5	Female	Lt. & Hvy	-45 / 45+
6-7	Male	Lt., Mdl., Hvy	-45 / 45-55.9 / 56+
6-7	Female	Lt., Mdl., Hvy	-45 / 45-55.9 / 56+
8-9	Male	Lt., Mdl., Hvy	-60 / 60-70.9 / 71+
8-9	Female	Lt., Mdl., Hvy	-60 / 60-70.9 / 71+
10-11	Male	Lt., Mdl., Hvy	-75 / 75-85.9 / 86+
10-11	Female	Lt., Mdl., Hvy	-80 / 80-90.9 / 91+
12-13	Male	Lt., Mdl., Hvy	-100 / 100-115.9 / 116+
12-13	Female	Lt., Mdl., Hvy	-105 / 105-120.9 / 121+
14-15	Male	Lt./Mdl./Hvy.	-115 / 115-145.9 / 146+
14-15	Female	Lt./Mdl./Hvy.	-110 / 110-140.9 / 141+
16-17	Male	Lt./Mdl./Hvy.	-135 / 135-165.9 / 166+
16-17	Female	Lt./Mdl./Hvy.	-115 / 115-145.9 / 146+
18-34	Male	Light/Welter/Middle/Heavy	-125/125-155.9/156-185.9/186+
18-34	Female	Light/Welter/Middle/Heavy	-110/110-125.9/126-155.9/156+
35-44,	Males and Females	Same as 18-34 Male and Female	
45 and older	Males and Females	Same as 18-34 Male and Female	

OLYMPIC SPARRING:

<u>AGE</u>	<u>GENDER</u>	<u>BELT CLASSES</u>	<u>WEIGHT DIVISION</u>
5	Male	Novice and Intermediate	-45 / 45+
5	Female	Novice and Intermediate	-45 / 45+
6-7	Male	Nov., Int., Adv., Black	-40 / 40.1-52 /52.1-65 /65.1-78/78.1-90/90+
6-7	Female	Nov., Int., Adv., Black	same as male
8-9	Male	Nov., Int., Adv., Black	-55 / 55.1-67/67.1-80/80.1-92/92.1-105/105+
8-9	Female	Nov., Int., Adv., Black	same as male
10-11	Male	Nov., Int., Adv., Black	-65/65.1-78/78.1-90/90.1-102/102.1-115/115+
10-11	Female	Nov., Int., Adv., Black	same as male
12-13	Male	Nov., Int., Adv., Black	-75.0/75.1-87/87.1-100/100.1-112/112.1-125/125+
12-13	Female	Nov., Int., Adv., Black	-70.0/70.1-82/82.1-94/94.1-106/106.1-120/120+
14-17	Male	Nov., Int., Adv.	-105.7/105.7-121.0/121.1-138.6/138.7-160.6/160.7+
14-17	Female	Nov., Int., Adv.	-96.9/96.9-107.8/107.9-121.0/121.1-138.6/138.7+
14-17	Male Black		-99/99-105.6/105.7-112.2/112.3-121.0/121.1-129.8 129.9-138.6/138.7-149.6/149.7-160.6/160.7-171.6/171.7+
14-17	Female Black		-92.4/92.4-96.8/96.9-101.2/101.3-107.8/107.9-114.4 114.5-121.0/121.1-129.8/129.9-138.6/138.7-149.6/149.7+
18-34	Male	Nov., Int., Adv.	-127.7/ 127.7-147.4/147.5-171.6 /171.7+ lbs.
18-34	Female	Nov., Int., Adv.	-112.3/112.3-129.8/129.9-147.4/147.5+ lbs.
35-44 and 45 and Up	Male and Female	ALL Belts	
18-34	Male	Black	-119.1/119.1-127.9/128.0-138.9/139.0-149.9 150.0-163.1/163.2-176.4/176.5-191.8/191.9+
18-34	Female	Black	-101.5/101.5-108.0/108.1-116.9/117.0-125.7 125.8-136.7/136.8-147.7/147.8-160.9/170.0+

New weight classes adopted in July of 2009 for all future sanctioned events effective 09/01/2010

*The tournament committee reserves the right to further divide **or** combine divisions depending on the number of competitors registered to compete in each division.*

SPECIAL NOTES: For all AAU Taekwondo Competitions:

Novice Division consists of White, Yellow, Orange Belts

Intermediate Divisions consists of Green, Blue, Purple Belts

Advanced Divisions consists of both Red and Brown Belts

Black Belt Divisions is meant to include Junior Black Belts as well

If your school or club uses any other belt ranking order or system, your athlete should conform to the above mentioned criteria. Also Poom Belts (half red and half black) should only be worn by JUNIOR Black Belts age 15 and younger.

*Olympic Sparring Division is Modified WTF (Olympic) type sparring. If your athlete has not been trained **and** had experience with this type of sparring, now, is **NOT** the time to begin.*

*The Host Committee and the AAU have spent many hours planning and preparing for this AAU Event. In order to make it a great success, we are asking for your cooperation. It is the responsibility of the parent, coach, instructor, and athlete, to insure that the application is in on time and **complete in every detail**. Incomplete applications (missing age, belt, weight, etc.) **WILL BE REJECTED!***