



Tae Kwon Do Training Gives Your Child the Edge!

Check Out Our Beginner's Course for Your Child

Our Northwest Martial Arts Curriculum provides every child with more opportunities to learn valuable Tae Kwon Do skills, improve confidence, develop leadership skills, and compete successfully throughout life.

- Healthy physical activity
- Expanded self-defense training
- Safe, fun curriculum
- Age-appropriate instruction
- Character-building lessons



MOORHEAD PARKS & RECREATION

MOORHEAD SPORTS CENTER
324 South 24th Street • Moorhead, MN 56560

**Register for
Tae Kwon Do Classes
the Best Way for You**

- ◆ Visit Our Office
- ◆ Online at www.cityofmoorhead.com
- ◆ Or Call (218) 299-5340

Registrations are Completed at the
Beginning of Each Month

Class Times: **Tuesday and Thursday**

Beginners: 4:30 pm

Advanced: 5:30 pm

Class Location: **Probsfield Education Center**

2410 14th St. S Moorhead

Program Instructed by Northwest Martial Arts 4th Degree Black Belt, Master Chris Kalsow